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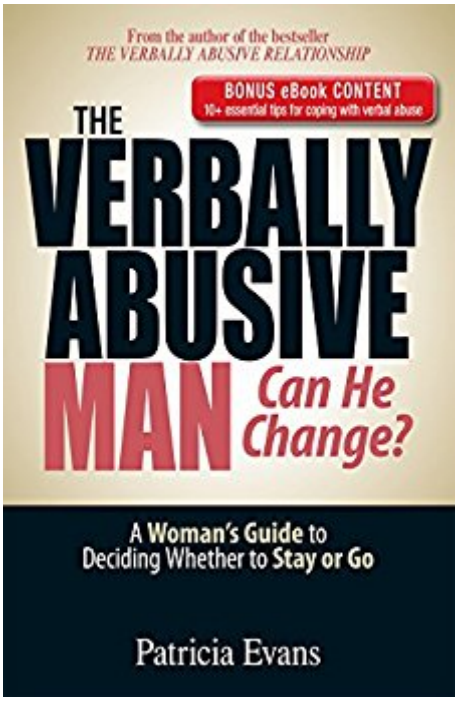
# The Verbally Abusive Man, Can He Change?: A Woman's Guide To Deciding Whether To Stay Or Go

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## Synopsis

From the world’s most acclaimed expert on verbal abuse comes the first book that answers the question foremost in every woman’s mind: can he really change?Combining practical applications with the latest clinical research with the trademark support and assurance of Evans, The Verbally Abusive Man: Can He change? shows victims of verbal abuse how to empower themselves, improve their relationships, and change their lives for the better.

## Book Information

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## Customer Reviews

I read this book after leaving my husband (and about 6 months after reading Patricia’s first book, The Verbally Abusive Relationship). I found both books incredibly helpful in their own way - the first book in explaining the different types of things covert verbal abusers do (many of my x-husband’s behaviors upset me but it wasn’t until I read that book that I finally really saw the overall pattern and fully understood how soul destroying his abuse was). She also explains the behaviors of overt verbal abusers (what most people have come to associate with the words ’verbal abuse’ - name calling, yelling, threatening, etc.).That information gave me the insight I needed to leave my marriage. What I personally couldn’t understand from the first book, however, was Patricia’s

explanation as to why abusers do what they do and what my relationship with my husband was really about. This newer book explained that so clearly I cried for days. I found that it was essential knowledge for me in being able to let go. After all of her years of counseling both abusers and the abused, Patricia seems to really understand the thoughts and emotions behind abusive behavior. After reading this book I came away feeling more empathy for, but also more detachment from, my x-husband. It also gave me valuable insight into how damaging the relationship had really been for me.Personally, I would recommend first reading the The Verbally Abusive Relationship before reading this book as I think it provides important background information for this book. One thing I found interesting is that in the first book Patricia listed out 16 traits she commonly found in verbally abused women. In this book she listed one - that the victim feels "irreparably flawed.

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